

LSCPA Curriculum Vitae

Kimberly Arrington

EDUCATIONAL BACKGROUND

1. Master of Education, Lamar University, August 1999., Counseling and Development
2. Bachelor of Science, Lamar University, May 1992, Psychology

POSITIONS IN HIGHER EDUCATION

1. January 2012 – Present, Adjunct Instructor, Lamar State College Port Arthur; Develop curriculum and provide instruction for courses related to associate degree or certification in Substance Use disorder counseling towards LCDC license.
2. August 2013- May 2014, Adjunct Instructor, Lamar University; Course Development and Instruction for following Courses: Undergraduate and Graduate, Marriage and Family Counseling; Counseling Graduate Program Practicum I, II, and Internship instructor and Site Supervisor.

ADDITIONAL RELATED EXPERIENCE

1. Jan 2018 – Present, Co-Owner/ Co-Founder/ CEO & Clinical Director - Woodlands Recovery Centers; Beaumont, Texas; 409-299-8555; www.woodlandsrecoverycenters.com
2. July 1, 2016 - Nov 24, 2017, Clinical Director – Cypress Lakes Lodge. – Woodville, Texas
3. December 2015 – Current, Clinical and Compliance Consultant: Unity Treatment Center- Contact: John Neely, Executive Director SETCADA
4. Feb 15, 2013 –March 2016, Staff Therapist: Samaritan Counseling Center;
5. Aug 15,2013 – August. 2015, Clinic Director: Department of Counseling and Special Populations, Lamar University, Beaumont; Supervisor: Dr R.J. Davis. 409-880-8978
6. Dec 1, 2011 –Feb 28,2013, Clinical Supervisor IOP and Family Therapist: Lifeway International
7. October 1, 2009- June 1, 2011, Clinical Program Director and Training Coordinator; Botswana Substance Abuse Support Network (BOSASNet); 2011. www.bosasnet.com
8. Researcher/Neurobehavioral Psychometrist / Psychology Associate II, Texas NeuroAIDS Research Center; University of Texas Medical Branch, Galveston

9. June 2003 – June 2007, Benjamin Gelman, M.D. PhD, Principle Investigator; Jean Richey, Registered Nurse, Clinical Manager and Office Supervisor Consulting Research Assistant and Psychometrist; Department of Psychiatry; University of Texas Medical Branch-Galveston February 2004- August 2005
10. Jan 2001 – Sept 2002, Family/Child Therapist and LPC Internship; The Turning Point, P.C.; Dr. Charles Scherzer, LPC supervisor; Penny Hardin, LCDC, office supervisor (409) 621-2120
11. December 27, 1999- January 5, 2001, Adult Population Dual Diagnosis Coordinator and LPC Internship; Gulf Coast Center, MHMR; Galveston, Texas; J. Whitley PhD, Clinical and LPC supervisor; Susan Brown LCDC, program supervisor

PROFESSIONAL AFFILIATIONS

1. August 2021, President Elect Houston Chapter Texas Association of Addiction Professionals
2. August 2019-August 2021, Board of Directors Member Houston Chapter Texas Association of Addiction Professionals
3. 2010-current, Member- Texas Association of Addiction Counselors
4. 2010, National Association of Addiction Counseling
5. 2010, Texas Counseling Association
6. August 2014-May 2018, SETCADA Coalition Partnership, Board Member

PROFESSIONAL DEVELOPMENT

1. 2020 From Crunk to Drunk-New Drugs in today's Clinical World
2. 2020 TAPP Trauma and Clinical Supervision track (15 hours)
3. 2019 The Meadows Trauma Counseling Conference (20 hours)
4. 2018 Ethics and Boundaries
5. 2018 TAAP – 30 Hours clinical trainings
6. 2014-2016 Clinical Team management, Joint Commission Supervision and Training
7. 2011 – Motivational Interviewing Certificate Coursework – SAMHSA
8. 2010-2020 – Biannual 3 hours Ethics for Licensure
9. 2011 – CBT Applications for Treatment
10. 2011 Anger Management
11. 2011 DSM V

12.2011 Psychiatric First Aid

13. 2013-Present: Presentations facilitated in Texas to professional groups:

1. General Overview of Addiction
2. Addiction Intervention for Families Affected
3. Clinical Skills in SUD Treatment Facilities
4. Use of CBT in clinical settings
5. Professional Development and Ethics
6. Psychoeducation of Substance Abuse
7. Neurology of Addiction
8. Business Development and Marketing in Recovery Industry
9. Codependency and Recovery
10. Grief, Loss and Addiction
11. HIV/STD and Hep C
12. Counselor Burnout and Self Care
13. Counseling in Age of Telehealth

LSCPA CAMPUS EXPERIENCE (leave blank if new to LSCPA)